

Simanim for Rosh Hashanah  
*Created by David Schwartz, Temple Har Zion 2012*

- Round challah - May we not be upbraided in the coming year (or May G-d put yeast in our souls, causing us to rise to our highest potential)
- Honey - May we be connected to the Land of Milk and Honey
- Pomegranate - May we have no stains on our reputation this year
- Leeks - May all our faucets be tight this year
- Dates - May all our calendar pages be used wisely (or may all our relationships be as we hope for)
- Carrots - May those we care for be happy
- Beets - May all our fears be beeten away
- Head of lettuce - May we be the head and not the tail
- Tomatoes - May this be a red-hot year for us
- Peaches - May this be a peachy year for us
- Brussel Sprouts - May our good fortunate sprout
- Lettuce leaf, raisins and celery - Let us pray that our "employers" give us a raise in salary
- Corn - May our prosperity be as abundant as kernels on the corn
- Peas - May we know peace in our hearts
- Black-eyed peas - May our souls be not bruised this year (there is a theory that black-eyed peas, which are a traditional Rosh Hashanah food, became a traditional Southern New Years food because of the Jewish community)
- Green beans - May we not be green with envious this year
- Sesame seeds - May our hearts be open, particularly to our inner child
- Cloves - May we cleave to G-d's commandments this year
- Gefilte Fish - May the coming year be stuffed with blessings for us (also good for stuffed dates)
- Eggplant/Eggs - May the year be filled with excellent experiences
- Turnovers - May our bad habits be turned over this year
- Lemon - May our year have few sour moments (good for anything else sour too)
- Potato chips - May we not harden our hearts this year (good for anything else high in fat)
- Dumplings - May we not litter and trash the environment this year
- Matzah - May we not make decisions in haste this year
- Any other fruit or vegetable not already in use - May this be a year of health for us
- Bagel - May this be a year of holiness for us